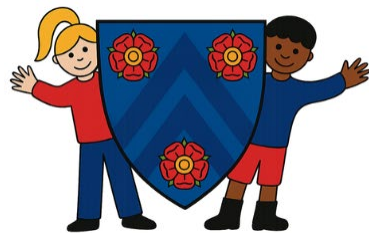


OUR CHILD-FRIENDLY ANTI-BULLYING POLICY & CHARTER

Created together with our School Council & Aligning with Behaviour, Safeguarding & KCSIE 2026



Life in all its fullness

learning together, inspiring each other,
achieving our best

Marshfield CE VC Primary School

School Vision:	'Learning together, inspiring each other, achieving our best — Life in all its fullness.'
Co-created with:	School Council Representatives & Staff (Reviewed October 2026 Due: October 2027)

1. What We Want Our School to Be Like

Our School Vision & Commitment

-  **Smiles on Every Face:** We want every single child at Marshfield Primary to feel safe, happy, welcomed, and cared for.
-  **Kindness & Support:** We treat everyone with dignity and respect, looking out for one another in class, in the hall, and on the playground.
-  **Working Together to STOP Bullying:** We recognise what bullying is, speak out against it, and support anyone who feels upset or lonely.

2. Our Three School Rules & Anti-Bullying Values

At Marshfield Primary, our behaviour policy and anti-bullying policy are built around **Three Simple Rules** that guide everything we do:

 BE RESPECTFUL Treat everyone with dignity and kindness. Listen when others speak, value differences, and use respectful language always.	 BE READY Come ready to learn, be ready to help friends, be ready to listen to trusted adults, and be ready to stand up against unkindness.	 BE KIND Show kindness in your words and actions. Use kind hands and kind feet. Help everyone feel safe, included, and valued.
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3. What is Bullying? Understanding S.T.O.P.

WHAT IS BULLYING? REMEMBER THE RULE OF S.T.O.P.

Bullying is when someone (or a group of people) deliberately hurts, upsets, frightens, or excludes you **REPEATEDLY OVER TIME**.

It is **NOT** an accidental bump, a one-off argument, or a single disagreement between friends. Bullying is targeted and happens **Several Times On Purpose (S.T.O.P.)!**

The Different Types of Bullying

Type of Bullying	What It Looks Like (Examples)
 Verbal Bullying	Repeated name-calling, teasing, unkind words, mocking someone's voice, threats, or saying hurtful things about someone's family.
 Physical Bullying	Repeated hitting, kicking, pushing, pinching, tripping up, damaging property, or taking belongings without permission.
 Emotional / Social Bullying	Repeatedly leaving someone out on purpose, telling secrets, spreading rumours, breaking trust, or making someone feel worthless.
 Cyber / Online Bullying	Repeatedly sending unkind messages, posting hurtful comments or photos, excluding people from online chats or games. (Note: Marshfield is a mobile-free school during the school day!).
 Prejudice-Based & Discriminatory Bullying (KCSIE 2026)	Repeatedly using unkind words, gestures, or actions targeting someone's race, religion/fait, disability/SEND, appearance, or gender. This is NEVER 'just banter' or 'a joke'!

4. How Bullying Affects Our Feelings (Zones of Regulation)

When bullying happens, it pushes children out of their **Green Zone** (calm, happy, ready to learn).

Understanding our feelings helps us ask for help early:

 BLUE ZONE Feeling sad, tired, hurt, lonely, or left out.	 GREEN ZONE Feeling happy, calm, safe, focused, and ready to learn.	 YELLOW ZONE Feeling worried, anxious, frustrated, or uneasy.	 RED ZONE Feeling terrified, extremely angry, or overwhelmed.
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5. What Should I Do If I Am Being Bullied?

★ Action Steps for Children

 **STEP 1:** S.T.O.P. = Start Telling Other People! Never keep bullying a secret. Telling a grown-up is NOT snitching — it is keeping yourself and others safe.

 **STEP 2:** Tell the person to stop if you feel safe to do so. Use a clear, firm voice: 'Stop that, I don't like it. It is unkind.'

 **STEP 3:** Walk away immediately and find a safe place (such as near a lunchtime supervisor, teacher, buddy bench, or classroom).

 **STEP 4:** Tell a Trusted Adult as soon as you can!

Who Are My Trusted Adults at Marshfield Primary?

You can talk to ANY grown-up in school. Here are key people ready to listen:

 Mrs. Bolt	Headteacher, Designated Safeguarding Lead (DSL) & Senior Mental Health Lead
 Mrs. Tilley & Mr. Looker-Jones	Deputy Designated Safeguarding Leads (DDSLs)
 Your Class Teacher & Teaching Assistants	Daily support in your classroom and around school
 Lunchtime Supervisors & Play Leaders	Help and supervision during break and lunchtime on the playground
 School Council Reps & Year 6 Buddies	Peer support on the playground — they can walk with you to a teacher

6. What Should I Do If I See Someone Being Bullied? (Be an Upstander!)

Bystander Power — Turn Bystanders into Upstanders!

 **Don't Walk By:** Never ignore bullying or pretend you didn't see it. Watching and laughing encourages the bully.

 **Tell a Grown-Up:** Tell a teacher, TA, or lunchtime supervisor immediately.

 **Speak Up Safely:** If it is safe, tell the bully: 'That is unkind, stop it.'

 **Include Them:** Walk up to the person being bullied, ask if they are OK, and invite them to play with you or sit with you.

7. What Will Marshfield Primary Do to Help?

When you report bullying, adults will act immediately. We follow a clear process:

1. Listen & Reassure	A trusted adult will listen calmly in a quiet, private space. You will be taken seriously, praised for speaking up, and made to feel safe.
2. Investigate & Record	The teacher and Mrs Bolt will find out what happened, talk to everyone involved privately, and record the facts on our CPOMS safeguarding system.
3. Restorative Meeting & Support	We use a 'No-Blame' / Restorative Approach where appropriate — meeting with pupils to explain how feelings were hurt, share responsibility, and agree steps to fix it.
4. Clear Consequences & Parents Informed	In line with our Behaviour Policy, consequences (such as playground reflection time outside Year 1 shelter, loss of privileges, or Headteacher intervention) will be given. Parents will be contacted.
5. Follow-Up Checks	Your teacher and Mrs Bolt will check in with you regularly over the next days and weeks to ensure the bullying has completely STOPPED.

8. Celebrating Kindness at Marshfield Primary

How We Build a Happy, Kindness-First School

✿ 'Over and Above' Recognition: Praise in public! We celebrate children who show extra kindness, inclusion, and respect through stickers, praise postcards home, and Headteacher awards.

✦ Collective Worship & Assemblies: Weekly 'Life in all its Fullness' celebrations highlighting core Christian values like compassion, forgiveness, respect, and friendship.

🧩 Jigsaw PSHE Lessons: Regular classroom learning on friendship, resolving conflicts, understanding differences, and staying safe online.

👥 Anti-Bullying Week: Special annual school-wide events, Odd Socks Day, and pupil voice workshops led by our School Council!

9. Our Anti-Bullying Pledge & Charter

MARSHFIELD PRIMARY SCHOOL ANTI-BULLYING PLEDGE

"As a pupil at Marshfield Primary School, I promise to Be Respectful, Be Ready, and Be Kind. I will treat everyone with care, never bully others, and always S.T.O.P. (Start Telling Other People) if I see or experience unkindness. Together, we make our school a safe, happy place for everyone!"

Agreed by school council October 2026